



# Benji Thomas

Phone: 07857310808  
Email: [benakthomas@gmail.com](mailto:benakthomas@gmail.com)

D.O.B. 25/12/1995

2022 Enhanced DBS Checked (Certificate available upon request)

Level 3 Paramedic, First Aider and Lifeguard



*Benji has a background in both the hospitality and music industries; This shows in his ability to manage and anticipate the needs of crew and talent, particularly high profile or child talent. Benji is also skilled with all kinds of people, from wrangling large amounts of SA's to arranging access for the perfect camera vantage point in a busy London high street from a balcony that hadn't been opened in 50 years, or convincing the manager of a Central London car hire business to allow crew parking when there was no other available. Additionally, having worked in landscaping and construction, he is physically strong and isn't afraid to get his hands dirty- which significantly helps with tricky de-rigs.*

*Now Manchester based, Benji is incredibly excited to be back in the North and to hit the ground running: feel free to call him anytime- last minute jobs and problem solving are a speciality.*

*Additionally, a skilled researcher, having fact checked, sourced and edited The Perimenopause Manual (ISBN 979-8687221900) and published in The Oxford Blue and The Guardian.*

Project	Company	Director	Producer	1st AD	Position
Meta Oculus (Queens of the Meta)	We Are Social	NDA	NDA	NDA	2nd AD
Gucci	January Productions	N/A	Gil Kolirin	Gary Card	Assistant
Heathers The Musical Promo	Steam	Andy Fickman	Natalie Daniels-Browne	Reece Lynch	3rd AD
ASDA "Back To School"	Armoury	Amy Becker-Burnett	Sonya Sier	Mark Gillespie	3rd AD
Nicotine Gum	UEL Media	Jodie Williams	Benji Thomas	Benji Thomas	1st AD/Producer
The Smile	Somesuch	Leo Leigh	Maddy Perkins	N/A	Location Scout
Skybet X Laura Woods	Grayscale	Ian Roderick Gray	Adham Hunt	Danny Rumbelow	3rd AD

Bia X J Cole: London	Creativ Productions	Daps	Tony Longe	Danny Castro Garcia	3rd AD
Samsung S22 Commercials ('Nightography', 'S Pen' & 'Epic Battery')	Armoury	Dean G Moore	Sonya Sier	Micki Colker Pearlman	2nd AD
Samsung S22 Comm. (Pre-Production) ('Nightography', 'S Pen' & 'Epic Battery')	Armoury	Dean G Moore	Sonya Sier	Micki Colker Pearlman	Pre Shoot PA
Lloyds Bank	Pulse	Sam Pilling	Chris Harrison	Julian Richards	Locations Assistant
'Project Sausalito' (Disney/Marvel)	Dust Bunny	NDA	NDA	NDA	Runner
Ella's Kitchen "Don't Play With Food"	Havas Studios	Ben Brand	Rosa Junkovic	Micki Colker-Pearlman	Runner
KFC x SKY	Recipe	Michael O'Kelly	Lisa Dawson	N/A	Runner
Bacardi Winter Commercial	Smith & Jones	Ulf Johannson	Philippa Smith	Jai Lusser	3rd AD
Music Promo Foals "Wake Me Up"	MRMR	Dave East	Katie Lambert	Alasdair Copeland	2nd AD
Sky Creative VIP "Very Idris People"	RSA	Jake Scott	Garfield Kempton	Ben Gill	Runner
Asda Christmas Commercial	Outsider	Scott Lyon	Zeno Campbell-Salmon	Julian Richards	Runner
Argos Christmas Commercial	Canada London	RÉALITÉ	Luke Plaister	Jim Cole	Art Assistant
I'm A Celebrity Promo (Ant and Dec in Wales) ITV		Mike Baldwin	Louise Jones	Sam Dawkins	Runner
16 Arlington A/W 2021 (Brand Promo)	Danson Productions	N/A	Kerry Danson	N/A	Runner/PA
True Love or True Lies (On location in Malta for MTV US)	MTV US/Lime Pictures	N/A	Sharyn Mills	Sam Salter (LP)	Villa/Mansion 1st AD
Are You The One? (On Location in Malta)	MTV UK/Lime Pictures	N/A	Sharyn Mills	Sam Salter (LP)	Villa/Mansion 1st AD
Bruno Bananni (What's Your Angle?)	Friend Productions	Tim&Joe	Sonya Sier	Rawdon De Fresnes	Runner
Pictionary (TV Game)	Double Dice	Charles Gordon	Harry Burnett-Rae	Reece Lynch	Runner
Dave Q3 Brand	UKTV	Ceri Payne	Shannon Newton	Jules Higgs	Runner
Fender	Tinderflint	KINO	Sonya Sier	Ben Keswick	Runner
Jaguar/Land Rover: Materiality Commercial	Infinite Content	Gary Bryan	Mark Stothert	Jerome Franc	Runner
OKA Christmas Commercial	7a Films	Glen Milner	Katie O'Mahoney	Ben Hilton	2nd AD
Horrible Histories SS9	Lion TV	Gordon Anderson	Matt Lamont	Sam Roffey	Runner
Fender X Nova Twins	Tinderflint	N/A	Sonya Sier	N/A	Location Scout
Very (Back To School Commercial)	Blink	The Bobbsey Twins	Fran Thompson	Sean Cotter	Runner
The One Show (Anything Goes)	Steam London	Brett Sullivan & Clayton Jacobsen	Esme Deacon (Production Manager)		Runner

Horrible Histories (Rehearsal)	Lion TV	Gordon Anderson	Molly Ziedler	Charlie Killick	Production Runner
London Literary Festival	Clownfish Studios	Matt Turner	Alasdair Bell	Nathan Fox	Production Runner
Sapphire - Supalonely	Sony Entertainment	Ricky Allen	Emma Thompson	N/A (Art Assistant to Xander Mitchell)	
LP4 Live	24/7 Productions	Conor Butler	John Pryer	Sam Savile	Floor Runner
Capital presents Liam Payne	24/7 Productions	Conor Butler	John Pryer	Sam Savile	Runner
Sky Bet - Jimmy Bullard Promo	Grayscale Productions	Ian Roderick Gray	Adham Hunt	Spencer Wilson	Runner
'The Wedding'	Quiet Media	Samuel Hosier	Tamy Zajec	Antonio Lewis	Runner
Tesco Mobile	We Are Find	N/A (Assistant to Paul Manwaring)			Locations Assistant
Being Me - Louis Culture	Figaro Inc,	Milo Blake	Jimmy Wood	Danny Rumbelow	Runner
Wren Kitchens	Merman London	Guy Manwaring	Amy Appleton	Chris Kelly	Runner