

Jack Heels  
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Address: Flat 5, 11 Brentwood, Salford, M6 8QU

**Profile:**

I am a trainee/assistant grip based in Salford and currently working on filling out a logbook in order to work towards an NVQ level 2 grip qualification. I graduated with a degree in Film and TV Production in 2019 and during my time there was nominated for an RTS Student North West award. I view myself as an excellent team player with a friendly, approachable attitude and a determination to work hard and push myself in all aspects of life.

**Work Experience:**

Grip Assistant for Tony Sankey (Wildcat Grips) for the film production "The Eternal Daughter"  
Dailies work 10<sup>th</sup>, 11<sup>th</sup> and 15<sup>th</sup> of December 2020

**Duties:**

- Cleaning and maintaining grip equipment
- Carrying equipment to set in a safe and timely manner
- Helping to set up equipment on set safely
- Adhering to strict Covid regulations on set and sanitising all equipment after use

Trainee Grip for Dan Inman (Grip Monkey Ltd) for the BBC production of "Silent Witness" season 24  
September 2020 – December 2020

**Duties:**

- Cleaning and maintaining grip equipment
- Carrying equipment to set in a safe and timely manner
- Helping to set up equipment on set safely
- Adhering to strict Covid regulations on set and sanitising all equipment after use

Grip Assistant for Phil Whitaker (Death Row Grips) for the BBC productions of "The Syndicate"  
season 4

Dailies work 15<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> of October 2020

**Duties:**

- Cleaning and maintaining grip equipment
- Carrying equipment to set in a safe and timely manner
- Helping to set up equipment on set safely
- Adhering to strict Covid regulations on set and sanitising all equipment after use

Trainee Grip for Dan Inman (Grip Monkey Ltd) as part of ITV's production of 'The Bay' series 2  
August 2019 – December 2019

**Duties:**

- Cleaning and maintaining grip equipment
- Carrying equipment to set in a safe and timely manner
- Helping to set up equipment on set safely
- Packing away equipment ready for any location move and at the end of the day

**University Projects:**

- Director of Photography: <https://www.youtube.com/watch?v=NSodL73S1A0&feature=youtu.be> (This film was nominated for an RTS Student North West Award in 2019)
- Sound Recordist: [https://vimeo.com/306034557?fbclid=IwAR2t1-FEwJ2Sf1ppotTts3fY-t9-ZpZREsMmF59HGv34293Ux6us\\_f8Fu40](https://vimeo.com/306034557?fbclid=IwAR2t1-FEwJ2Sf1ppotTts3fY-t9-ZpZREsMmF59HGv34293Ux6us_f8Fu40)
- Sound Recordist: <https://www.youtube.com/watch?v=xoTnbOIdcb4&feature=youtu.be>
- Director and Camera Operator: <https://www.youtube.com/watch?v=WmeyMAYC9Mw>
- Director: <https://www.youtube.com/watch?v=3Hbn06MJH5k>

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- Producer and Sound Engineer: <https://www.youtube.com/watch?v=eQYy-oYgYDI>

Other work experience I have includes working as Bar Staff at both the Agar Arms Public House (2014-Present) and Edge Hill SU (April 2017- November 2017) which has taught me valuable people skills, to be friendly, polite and work well as part of a team. I have also worked as a team leader at Greenfingers Landscapes Ltd (January 2020 – September 2020).

Having grown up on a farm I am also well accustomed to manual labour and have learnt some basic building skills.

#### Skills and Interests:

- I have completed the Coronavirus basic awareness production training by Screenskills
- In my spare time I play rugby league. In 2018 I was voted most dedicated player for my university rugby team.
- I was elected as my university rugby team's social secretary for the 2018/2019 academic year.
- In 2018 I climbed Mount Kilimanjaro to raise money for the charity Dig Deep.
- In 2016 I spent a month in South Africa working on a game reserve and at a primate rescue sanctuary.
- In 2016 I gained a PADI open water diving qualification.
- I have a full driving licence.
- I have some of knowledge about animal husbandry due to living on a farm, some of the sheep we reared were used by Timbertops Equestrian Centre for the BBC production The Living and the Dead.

#### Education:

- Huntington School, York (2007 – 2012) GCSEs in Maths, English, Physics, Chemistry, Biology, History, Religious Studies, Business and Communication, Resistant Materials, Music, ICT and French.
- York College, York (2013-2015) A levels in Film Studies, Modern History and Ancient History and an AS level in Politics.
- Edge Hill University, Ormskirk (2016-2019) 2:1 BA (Hons) in Film and Television Production.

#### References:

- Dan Inman (Previous Employer)  
Company: Grip Monkey Ltd  
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- Nia Dryhurst (Lecturer at Edge Hill University)  
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